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## Evaluating the Environmental Impact of Metal Oxide Nanoparticles: An Ecotoxicological Perspective

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**ABSTRACT:** Various nanoparticles (NPs) from the food industry, pharmaceuticals, cosmetics, and drugs significantly impact our daily lives. The association of these nanoparticles with the cellular environment adversely affects the normal functioning of cells and their components. For this review approximately 150 research papers were extensively reviewed, and 132 articles were included. This review examines the nanotoxicology of metal oxides and their effects at both in vivo and in vitro levels. It addresses factors related to the synthesis of biogenic metal oxide NPs, including size, concentration, and exposure methodologies. The primary goal is to understand the ecotoxicology of metal oxides, their risk evaluation, and public health implications. Offering a concise overview, this article discusses current understanding and future research avenues in nanoparticle biology. It highlights the complications and risks to public health posed by toxic metal oxides and emphasizes the importance of understanding the synthesis of nanoparticles to determine their physicochemical properties. Biological interactions of these NPs with the environment pose significant hazards to human health. Recent studies have advanced our knowledge of the emerging trends and prospects in nanoparticle ecotoxicology. This review provides a comprehensive outline of the objectives and domains of various toxicological impacts of nanoparticles, emphasizing a balanced approach to managing risks to ecosystems and human health.

**Keywords:** Bioremediation, Cytotoxicity, Drug delivery, Nanotoxicology

## **INTRODUCTION**

Nanotoxicology is a rapidly expanding research area focusing on the safety concerns of nanoparticles (NPs) and their wide applications across various disciplines. It primarily assesses the ecotoxicity and lethal impacts of NPs on human cells. NPs, ranging from 1 to 100 nm, are aggregates of atomic particles with unique properties due to their quantum-scale dimensions and significant surface area to volume ratio. These particles are often composed of inert elements such as zinc, magnesium, iron, copper, cobalt, tin, and gallium.

Research has shown that metal oxide NPs often consist of multiple metals, including titanium, iron, chromium, nickel, and zinc (Sanderson et al., 2014). NPs can cause severe biological effects, such as DNA damage and apoptosis due to free radical production (Tee et al., 2016). Additionally, exposure to toxic NPs can alter cell proliferation and lead to chronic health issues. The rapid development of new NPs with unique properties poses potential health risks to the environment.

Traditional methods for generating metal oxide NPs rely on physical and biochemical techniques that use expensive and hazardous chemicals, contributing to environmental harm (Seabra and Durán, 2015). Biogenic synthesis involves using capping agents to

stabilize nanomaterials, improving biocompatibility and preventing aggregation. Various metal nanoparticles, including cobalt oxide, bismuth trioxide, copper oxide, iron oxide, tin oxide, gold, and silver NPs, have been extensively studied for their adverse effects on living systems and guidelines for safe use (Demir, 2021). The following section will briefly describe the biogenic synthesis of these metal oxide NPs and their environmental applications.

### **1. Types of NPs**

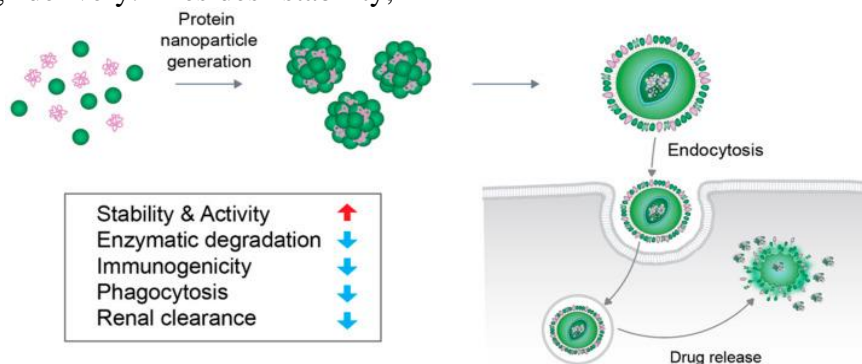
Two major groups of NPs are classified according to their nature and origin. They are either naturally produced or artificially synthesized by a physical or a chemical process. These are generated through mechanisms taking place in nature or by engineered activities.

Nanoparticles (NPs) are naturally found in volcanic eruptions, deep oceans, forest fires, and crushed rocks such as silica (SiO<sub>2</sub>), titanium dioxide, iron oxides, and manganese oxides. Natural NPs are present in many living organisms, with examples including carbon nanotubes and fullerenes (Guo and Barnard, 2013). These NPs often have reproducible structures and are biocompatible, such as mesoporous silica nanoparticles (MSNs) and protein nanoparticles (Griffin et al., 2017). They can exist intracellularly or

extracellularly, with viruses and liposomes being notable examples (Harish et al., 2022).

### 1.1. Mechanism of Action of Protein NPs

Protein nanoparticles (NPs) are extensively used in biological processes due to their high stability, making them effective for drug delivery. Besides stability,



they also facilitate biodegradation and bioaccumulation (Herrera Estrada and Champion, 2015). Protein NPs are preferred over engineered NPs because they are non-antigenic, have lower immunogenicity and toxicity, and can be easily incorporated into various biopolymers.

**Fig. 1. The endocytosis process used for the delivery of various protein NPs and insoluble drugs in vivo (Hong et al., 2020)**

Protein nanoparticles are also utilized for delivering non-soluble drugs within the internal cell region by the mechanism of endocytosis. These NPs show more protection from various processes like toxicity, degradation by enzymes, phagocytic reactions and endocytosis and hence increase the life and stability of the drug being introduced, as shown in Figure 1 (Hong et al., 2020). These protein NPs are prepared through a complex physical and chemical method following a self-assembly method.

### 1.2. Engineered NPs

Such NPs are specifically manufactured and have a particular morphology and geometry e.g. quantum nano-dots, gold and silver NPs (Montano et al., 2014). Because of their definite shape and structure, they are easily made through chemical process. They are found in composition with other materials like a layer of gold or a central element such as gold covered with a shell made up of any other element like cobalt or silica (Flannery et al., 2015).

## 2. Metal Oxide NPs

### 2.1. Cobalt Oxide (Co<sub>3</sub>O<sub>4</sub>) Nanocrystals

Cobalt oxide nanocrystals have various applications due to their desirable properties, i.e. optical magnetic and electrochemical capabilities. They are used as supercapacitors in different kinds of devices for the purpose of storing energy. (Abdel Maksoud et al., 2021). For the biogenic formation of Co<sub>3</sub>O<sub>4</sub> nanocrystals thermal and solvothermal decomposition routes are usually the main classical methods. A marine bacterium *Brevibacterium casei*, plays an important role in the production of NPs (Savi et al., 2021). Biogenic cobalt oxide NPs have proteins coated on their surface to conserve their identity. Furthermore, these proteins also aid in reduction of agglomeration of isolated NPs (Iravani and Varma, 2020).

### 2.2. Bismuth Trioxide (Bi<sub>2</sub>O<sub>3</sub>) NPs

Bismuth trioxide (Bi<sub>2</sub>O<sub>3</sub>) NPs have significant importance in our daily life. They are used as a semiconductor due to their visible photo sensitivity and enhanced photocatalytic activity. This metal oxide plays an effective role in wastewater treatment. Photocatalytic activity, low toxicity, chemical stability, the combination of visible photosensitivity and cost-effectiveness makes bismuth trioxide nanoparticles efficient for

the treatment of waste water (Ahamed et al., 2019). They are used as an optoelectronic material e.g. gold, copper, aluminium and silver nanoparticles. They are obtained by adding toxic or organic solvents at an elevated temperature. Besides conventional chemical methods, *Fusarium oxysporum* is used as an alternate for the development of these nanocrystals (Zulkifli et al., 2018). However, the generation of bismuth trioxide NPs by biogenic synthesis is more environment friendly than conventional chemical methods.

### 2.3. Copper Oxide (CuO, Cu<sub>2</sub>O) NPs

Copper oxide nanoparticles have wide array of applications in electric devices and ophthalmic treatments (Magdassi et al., 2010). They can also be used as good antimicrobial agent. At room temperature, Cu<sub>2</sub>O nanoparticles with the diameter around 10–20 nanometer was made with the help of Baker's yeast *Saccharomyces cerevisiae*. Copper oxide nanoparticles are effective for reducing several bacterial and fungal strains. For example, *E. coli* and *A. niger*, respectively. These were obtained by the action of reductase enzyme which reduced copper sulfate. Several strains of fungi like *Penicillium aurantiogriseum*, *P. citrinum* and *P. waksmanii*, obtained from soil, are utilized in the biosynthesis of copper oxides.

#### **2.4. Iron Oxide (Fe<sub>2</sub>O<sub>3</sub>, Fe<sub>3</sub>O<sub>4</sub>) Magnetic NPs**

Iron oxide NPs have important applications in biomedical techniques including hyperthermia nuclear MRI and precise delivery of drugs. Biogenic techniques are mainly applied for obtaining iron oxide NPs rather than classical chemical methods. Iron oxide is reduced to iron by using a bacterium *Shewanella* strain HN-41, where pyruvate acts as an electron donor. The toxic effect of biogenic and commercial Fe<sub>2</sub>O<sub>3</sub> nanoparticles was compared by observing hemagglutination and changes in morphology (Khalil et al., 2017). The capping agents of iron oxide present externally promotes structure stability and inhibit them from being aggregated.

#### **2.5. Titanium Dioxide (TiO<sub>2</sub>) NPs**

Titanium dioxide nanoparticles have a vast variety of applications in biomedicine, environment and modern technology (Sagadevan et al., 2022). *Lactobacillus* sp. has been reported to be the main source of production of titanium dioxide NPs at room temperature. Yeast cells or *Lactobacillus* undergo interaction with TiO(OH)<sub>2</sub> and result in the production of these NPs using carbon and nitrogen sources (Khan et al., 2020).

#### **2.6. Gold (Au) NPs**

It has been shown by recent research studies that nano-sized gold particles possess antimicrobial activity. These have

the ability to generate free oxygen radicals which are toxic to the environment as they result in production of ROS (Rajan et al., 2015). Artists have been utilizing their properties such as colloidal nature and radiant colors. Special properties, i.e. optical and electrical are possessed by these NPs because of their varying physical characteristics like morphology, diameter and surface composition. The significant usage of gold NPs in healthcare and diagnostics is due to their unique physical and chemical characteristics which can be utilized to detect biomolecules at minute concentrations.

#### **2.7. Silver Oxide (Ag<sub>2</sub>O) NPs**

The medical fields of nanoscience and biomedicine mainly apply silver oxide nanoparticles which are essential for their research experiments (Wang et al., 2016). Several methodologies involving physiochemical and biological processes have been implemented to produce silver NPs. Studies have determined that Ag NPs possess extensive multifunctional properties, for example, as anti-inflammatory, antiviral, anticancer and antimicrobial agents (Gherasim et al., 2020). Biosynthetic silver NPs show high solubility, high stability and maximum yield (Gurunathan et al., 2015). Moreover, they have a well-defined size and morphology and are relatively less toxic and can

therefore be used in green chemistry.

### **3. Effects of Metal Oxide NPs**

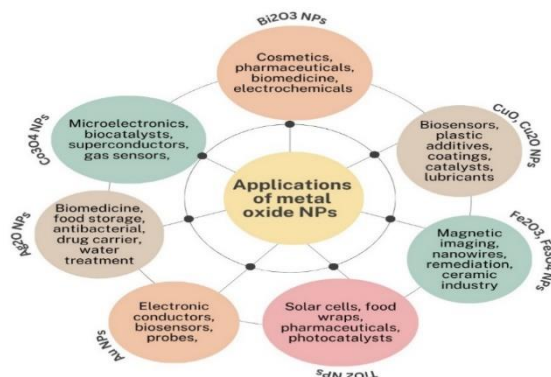
Several mechanisms contribute to the toxicity of metal oxide nanoparticles (NPs) as they interact with cellular components, including DNA, proteins, mitochondria, and lysosomes, often generating reactive oxygen species (ROS) that disrupt cell function (Jamuna and Ravishankar, 2014). Co<sub>3</sub>O<sub>4</sub> nanocrystals release cobalt ions, activating NADPH oxidase and producing ROS, leading to oxidative stress on lymphocytes and being lethal to human immune cells (Chattopadhyay et al., 2015; Savi et al., 2021). Bismuth trioxide NPs negatively affect mammalian cells and ecosystems, causing cytotoxic and genotoxic effects such as apoptosis and necrosis (Zulkifli et al., 2018; Mohamed et al., 2021). Copper oxide NPs induce DNA methylation, fragmentation, chromosomal damage, and lipid peroxidation.

Iron oxide NPs (Fe<sub>2</sub>O<sub>3</sub>, Fe<sub>3</sub>O<sub>4</sub>) disrupt cell count, coagulation, cause inflammation, and damage various organs after inhalation (Valdiglesias et al., 2015; Chrishtop et al., 2021). Titanium dioxide NPs generate ROS, leading to genotoxicity, inflammation, cellular damage, and

tumorigenesis. Gold NPs, in large amounts, reduce red blood cell count and cause anemia, spleen damage, and increased toxicity (Albanese and Chan, 2011). Silver NPs induce DNA damage, oxidative stress, and harmful effects on major organs (Antony et al., 2015; Bamal et al., 2021).

### **4. Applications of Metal Oxide NPs**

Metal oxide NPs are widely used in biotechnology and biomedical sciences for sensing, imaging, gene and drug delivery, and surface functionalization (Falcaro et al., 2016; Savi et al., 2021). Cobalt oxide NPs are used for environmental remediation, including dye degradation and wastewater treatment (Anele et al., 2022). Bismuth trioxide NPs are applied in cosmetics, pharmaceuticals, industrial fields, cancer imaging, and wastewater treatment (Wang et al., 2016; Shahbazi et al., 2020). Copper oxide NPs are used in biomedical research, biosensing, and as fungicides and antibacterial agents (Verma and Kumar, 2019). Iron oxide NPs are utilized in drug delivery, molecular imaging, and wastewater treatment (Sangaiya and Jayaprakash, 2018; Gallo-Cordova et al., 2020).



**Fig. 2. Applications of metal oxide NPs in different sectors**

TiO<sub>2</sub> NPs have vast applications in pharmaceutical products, food industries and cosmetics (Nadeem et al., 2018). These NPs also have immense industrial importance due to their usage as pesticides, for remediation of dyes, antibiotics and photocatalysts (Waghmode et al., 2019). Titanium dioxide is environmentally friendly because it has high chemical stability and non-toxicity. It can be used as an environment sanitizing agent due to its antifogging and self-cleaning properties (Waghmode et al., 2019).

Gold NPs have a broad spectrum applications, which include electronics, conductors, photodynamic therapy, biosensors, probes, diagnostic markers and catalyst for chemical reactions (Sýkora et al., 2010). Gold NPs have been shown to be effective for eradicating localized tumors. The extensive surface area relative to volume ratio enables these NPs to

be used in surface coating. Different food items can be checked for their suitable consumption by using a colorimetric sensor made of Au NPs. Gold NPs have broad spectrum applications in the areas of water filtration, photothermal therapy, antimicrobial and the food industry. Gold NPs are known to be biocompatible due to their green synthesis (Küüнал et al., 2018).

Several reviews and studies emphasize the widespread benefits in the industries of biomedicine, healthcare, food storage and ecosystem (Bapat et al., 2018). The antimicrobial activity of these NPs was reported against *E. coli*, in their cell walls. Various applications include biosensing, bioimaging, water treatment, textiles and as a drug carrier (Verma and Maheshwari, 2019). Silver NPs are found in containers used for food storage and packaging, purificants used in water and detergents. They are used as

surfactants and oxidizing and bleaching agents.

**Table 1. Effects and applications of various metal oxide NPs**

Metal	Sources	Toxicological effects	Uses and applications	References
Co <sub>3</sub> O <sub>4</sub> NPs	Aqueous extracts of leaves, medicinal plants, biotic compounds	ROS production, oxidative stress on lymphocytes, lethal to immune cells	Microelectronics, biocatalysts, superconductors, gas sensors, electronic ceramics, nanowires	( Mei et al., 2019; Savi et al., 2021)
Bi <sub>2</sub> O <sub>3</sub> NPs	Smelting of ores, weathering of rocks, leaf extracts	Cytotoxicity, genotoxicity, apoptosis and necrosis of cells, cellular damage	Cosmetics, pharmaceuticals, biomedicine, electrochemical applications such as solid oxide fuel cells (SOFC), cancer imaging, photoconduction	(Jagdale et al., 2021)
CuO, Cu <sub>2</sub> O NPs	Wood preservatives, mineral supplements, weathering of rocks	DNA methylation, DNA fragmentation, lipid peroxidation, chromosomal aberrations, micronucleus formation	Biosensors, electrochemical sensors, plastic additives, coatings, textiles, catalysts, lubricants	(Perreault et al., 2012)
Fe <sub>2</sub> O <sub>3</sub> , Fe <sub>3</sub> O <sub>4</sub> NPs	Sedimentary rocks, iron mineral ores, atmospheric dust, aeolian deposits	Reduced cell viability, cell lysis, inflammation, generation of ROS, lipid peroxidation, DNA damage	Magnetic imaging, nanowires, coatings, resonance imaging, environmental remediation, glass and ceramic industry	(Attarilar et al., 2020)
TiO <sub>2</sub> NPs	Sand, mineral ores, atmospheric dust, soil, volcanic eruption, sea water, fire smoke	Oxidative stress leading to ROS production, pulmonary inflammation, carcinogenesis, tumor formation, genotoxicity, cellular damage	Solar cells, food wraps, medicines, pharmaceuticals, photocatalysts, agriculture, antibacterial coatings, cosmetics	(Waghmode et al., 2019; Banerjee and Thiagarajan, 2014)
Au NPs	Quartz, gold bearing mineral, gold mining, sedimentary rocks	Decrease in RBCs, decrease in body weight, lower spleen index, increased cytotoxicity, apoptosis, inflammatory immune responses	Electronic conductors, biosensors, diagnostic markers, probes, catalysts	(Daraee et al., 2016; Li et al., 2014)
Ag <sub>2</sub> O NPs	Industrial effluents, leaching of metal tailings, sewage, ore processing, atmospheric deposition	DNA damage, cytokine induction, oxidative stress, organ damage, edema, epidermal hyperplasia, focal inflammation	Biomedicine, healthcare products, food storage, antibacterial agents, bioimaging, drug carrier, water treatment	(Prabhu and Poullose, 2012)

## **5. Sources of Metal Oxide NPs**

Metal oxide NPs are formed through various biotic and abiotic methods. Major sources of metal oxide NPs include biogenic synthesis through biomineralization and other electrochemical methods. The details are as follows:

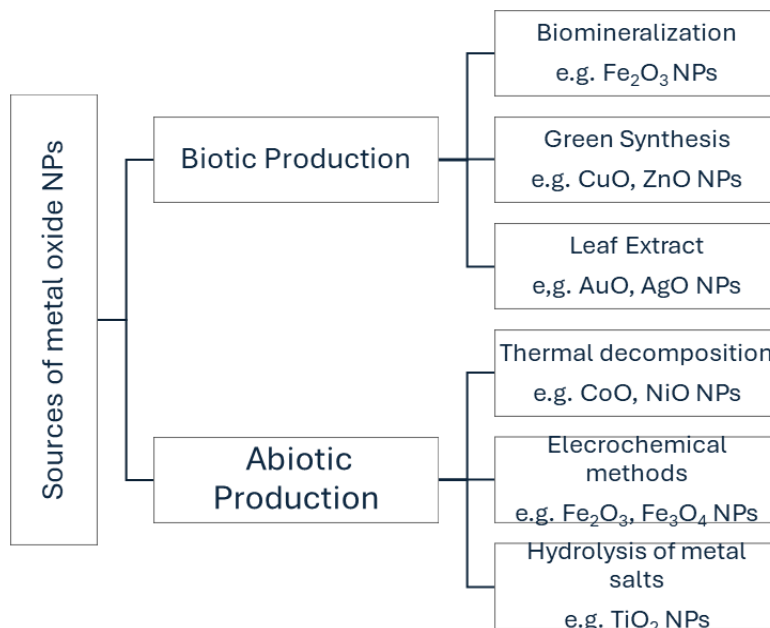
### **5.1. Natural Sources**

For cobalt oxide, medicinal plants, aqueous extracts of leaves and biotic compounds are used for their synthesis (Shafey, 2020). Furthermore, smelting of mineral ores like bismite, bismuthinite are the major sources for the extraction of bismuth trioxide (Motakef-Kazemi and Yaqoubi, 2020). For copper oxide NPs, wood preservatives, inorganic compounds, vitamin and mineral supplements and weathering of rocks are the main sources for metal oxide NPs production (Alavi and Karimi, 2018). Iron oxide NPs are extracted from sedimentary

rocks, iron mineral ores and aeolian deposits found in atmospheric dust. Titanium oxide NPs are obtained from sand, mineral ores, atmospheric dust, soil, volcanic eruptions, sea water and fire smoke.

### **5.2. Anthropogenic Sources**

Anthropogenic NPs are made through human activities which are divided into two categories, i.e. the first category includes NPs without predetermined size and shows undefined chemistry (Strambeanu et al., 2014). For example, diesel exhaust, coal fly ash, welding fumes and combustion particulates. The second type of anthropogenic NPs is also known as engineered nanoparticles which have a particular size range of 1–100 nm. They are made up of pure materials with controlled surfaces (Chavali and Nikolova, 2019). For example, nanotubes made up of carbon, dendrimers, quantum dots, silver and gold nanocrystals as shown in Fig. 3 (Sadik, 2013).



**Fig. 3. Sources of metal oxide NPs**

Metal oxide nanoparticles (NPs) have harmful impacts on both aquatic and terrestrial environments, altering the morphology and properties of natural flora and fauna through long-term exposure.

#### **Aquatic Toxicity**

Metal oxide NPs pose serious threats to aquatic organisms. For instance, nano TiO<sub>2</sub> is toxic to *Daphnia magna* at levels greater than 100 mg/L. Photo-induced toxicity of nano TiO<sub>2</sub> under UV exposure can cause fatal damage to marine plankton.

#### **Terrestrial Toxicity**

Nano TiO<sub>2</sub> and other metal oxide NPs also impact terrestrial organisms. Studies show that nano TiO<sub>2</sub> exposure causes DNA and mitochondrial damage in soil invertebrates like earthworms and

nematodes, inhibiting reproduction (Samarasinghe et al., 2023). Nano CuO and nano NiO affect seed germination in cucumber, radish, and lettuce, while nano Co<sub>3</sub>O<sub>4</sub> impacts root elongation of radish (Ahmad et al., 2023).

#### **Relative Toxicity of Metal Oxide NPs**

Research comparing the toxicity of various metal oxide NPs ranks CuO as the most toxic and TiO<sub>2</sub> as the least toxic. The toxicity is assessed based on ROS production, lipid peroxidation, oxidative stress, and metal ion release (Sengul and Asmatulu, 2020). Experiments on *Lactuca* seeds and bacteria like *S. aureus* and *E. coli* confirm copper oxide's high toxicity (Sajjad et al., 2023).

### **Nanobioremediation**

Nanoparticles play a crucial role in environmental remediation, effectively cleaning air, water, and soil. For example, iron oxide NPs are used to remove contaminants due to their high reactivity (Latif et al., 2020). Various NPs are employed in wastewater treatment through adsorption, degradation, and filtration (Naseem and Durrani, 2021).

### **Wastewater Treatment**

Metal oxide NPs like iron oxide and cobalt are used to remove toxic elements from water, improving the hydrosphere (Abuhatab et al., 2020; Gautam et al., 2022).

### **Metal Oxide NPs and Microbes**

Microorganisms can synthesize metal oxide NPs for environmental cleanup. Copper oxide NPs from *Escherichia* sp. degrade dyes, while iron oxide NPs from *Aspergillus tubingensis* remove heavy metals from contaminated water (Mandeep and Shukla, 2020; Yamini and Rajeswari, 2023).

### **Implications for Environmental Management**

Understanding the ecotoxicological impact of metal oxide NPs is crucial for environmental conservation and decision-making. Establishing safe exposure limits, incorporating nanomaterial-specific regulations, and effective risk communication are essential. Promoting interdisciplinary research and international cooperation can lead to innovative solutions for

managing nanoparticle pollution (Navarro et al., 2008).

### **CONCLUSION**

It was concluded metal oxide nanoparticles offer significant benefits in various applications such as bioremediation, drug delivery, and biomedicine, their potential toxicity cannot be overlooked. These nanoparticles pose risks including cellular and DNA damage, ROS formation, and inflammation, necessitating thorough toxicity evaluations before their use in diagnostics and therapies. Understanding and mitigating these risks is essential to harness their full potential while ensuring safety for humans and the environment.

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N/A

### **CONFLICT OF INTEREST**

Authors declare no conflict of interest.

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